

SCHOOL LUNCH IDEAS!!

SANDWICHES/WRAPS/main fare

- Tortilla wrap
- Sandwiches (PB&H, PB&J, meat and cheese, etc.)
- Sandwich skewers
- Meatballs
- Leftover pizza
- Ham or turkey roll-up
- Mini-bagels with filling/topping of kid's choice
- Sliced turkey kielbasa or other lean sausage

FRUIT

- Apple or Pear slices
- Dried fruit/Raisins
- Fruit Leather
- Applesauce
- Strawberries/Blueberries
- Grapes
- Half of a banana
- Watermelon/Cantaloupe
- Pineapple chunks
- Orange slices

VEGGIES

- Baby carrots/carrot sticks
- Sugar snap peas
- Celery sticks
- Handful of cherry tomatoes

OTHER SIDES

- Hard boiled egg
- String cheese
- Mini Babybel cheese
- Crackers
- Sun chips or other baked chips
- Pretzels (sticks or other shapes)
- Yogurt/Cottage cheese

DESSERTS

- Homemade Cookie